



Lundi-Vendredi : 6h à 23h

Samedi - Dimanche et fériés : 6h à 20h

Tél: 026 677 18 08 - www.cross-level-up.ch

Abo. Fitness

Abo. Cross

St-Aubin : Programme cours salle Level-UP dès le 01.07.2024 au 31.08.2024

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
OPEN GYM 6:00 - 9:30	OPEN GYM 6:00 - 8:30	OPEN GYM 6:00 - 8:30	OPEN GYM 6:00 - 8:30	OPEN GYM 6:00 - 8:30	OPEN GYM 6:00 - 8:00	OPEN GYM 6:00 - 20:00
OPEN GYM 9:30 - 14:00	OPEN GYM 8:30-14:00	OPEN GYM 8:30 - 9:30	OPEN GYM 8:30 - 9:30	OPEN GYM 8:30 - 9:30	OPEN GYM 8:00 - 9:30	
OPEN GYM 14:00- 15:00	OPEN GYM 14:00-17:00	OPEN GYM 9:30 - 17:00	OPEN GYM 09:30 - 17:00	OPEN GYM 9:30-13:00	Cross Training 9:30- 10:30	
OPEN GYM 15:00-18:00	OPEN GYM 17:00 - 18:00	OPEN GYM 17:00 - 18:00	Ados-Cross 17:00-17:50	OPEN GYM 13:00-17:30	OPEN GYM 10:30 - 20:00	
Cross Training 18:00 - 18:55	réservé 18:00-19:00	Cross Training 18:00 - 18:55	Cross Training 18:00 - 18:55	Cross Training 17:30 - 18:25		
OPEN GYM 18:00-21:00	OPEN GYM 18:00-21:00	OPEN GYM 18:00-21:00	OPEN GYM 18:00-21:00	OPEN GYM 18:30-21:00		

Pas de cours du 29.07.2024 au 11.08.2024